

THE TART MENU MAY 2018

BREAKFAST POTS

Granola | double-thick yoghurt | berry compote | fresh fruit | (v) (g/f) | 4 bites

Mixed nuts | double-thick yoghurt | raw honey | chia & sunflower seeds | (v) | 4 bites

Rolled oats | coconut milk | maple syrup | toasted coconut flakes | (v) (vgn) | 4 bites

Serves 12 | 12 bites | 125mls | R495

BREAKFAST QUESADILLAS

Buffalo-style mozzarella | roasted tomatoes | torn basil | (v) | 8 bites

Beef breakfast sausages | creamy scrambled eggs | mature cheddar | 8 bites

Mixed pepper frittata | avocado | tomato chilli pesto | (v) | 8 bites

Serves 12 | 24 bites | R460

FRESH FRUIT SKEWERS

Natural seasonal fruit skewers | (v) | 24 bites

Serves 12 | 24 bites | R380

MINI SAVOURY and SWEET MUFFINS

Roasted tomato | mature cheddar | basil & sunflower seed pesto | (v) | 8 bites

Toasted muesli | pineapple | goji berry | pecan nuts | (v) | 8 bites

Triple chocolate | ganache | chocolate chips | (v) | 8 bites

Serves 12 | 24 bites | R350

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PASTRIES

Apple turnovers | (v) | 6 bites

Custard Danish | (v) | 6 bites

Pain au chocolat | (v) | 6 bites

Pecan nuts twists | (v) | 6 bites

Serves 12 | 24 bites | R385

COCKTAIL SAVOURY TARTS

Butternut | rocket | creamy feta | chilli | (v) | 6 bites

Free-range chicken | fresh herbs | parmesan crumble topping | 6 bites

Roast zucchini | baby spinach | goats cheese | (v) | 6 bites

Tomato | fresh basil | Camembert | (v) | 6 bites

Serves 12 | 24 bites | R500

FINGER SANDWICHES

Buffalo-style mozzarella | tomato | sunflower pesto | low GI bread | (v) | 12 bites

Cucumber | herbed cream cheese | toasted sesame | farm-style white | (v) | 12 bites

Free-range chicken | garden greens | ginger chilli mayo | health loaf | 12 bites

Roasted chickpea hummus | Mediterranean salad | pita pockets | (v) (vgn) | 12 bites

Serves 12 | 48 bites | R450

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CHICKEN (free-range and Halaal-friendly)

Cajun chicken burgers | lime mayo | fresh basil | 6 bites or 12 bites

Chicken and leek buttery puff pastry pies | 6 bites or 12 bites

Mini chicken salad wraps | green goddess dressing | 6 bites or 12 bites

Parmesan crusted chicken skewers | honey mustard dip | 6 bites or 12 bites

Serves 6 | 24 bites | R500 **OR** Serves 12 | 48 bites | R1000

MEAT

Beef burger | zucchini rosti | tomato salsa | (g/f) | 6 bites or 12 bites

Beef sausage roll | honey mustard dip | 6 bites or 12 bites

Lamb kofta | tzatziki | crispy pita | 6 bites or 12 bites

Mini steak wraps | roasted sweetcorn | creamy mayo | 6 bites or 12 bites

Serves 6 | 24 bites | R650 **OR** Serves 12 | 48 bites | R1300

VEGETARIAN

Beetroot burger | zucchini rosti | almond nut butter | 6 bites or 12 bites

Butternut falafel | tabbouleh | tzatziki cups | 6 bites or 12 bites

Roasted red pepper hummus | feta | fresh vegetable wraps | 6 bites or 12 bites

Roasted vegetable tartlets | 6 bites or 12 bites

Serves 6 | 24 bites | 440 **OR** Serves 12 | 48 bites | R880

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VEGAN

Hummus | roasted chickpeas | Mediterranean salad cups | (g/f) (v) (vgn) | 6 bites

Tabbouleh stuffed tomatoes | black olive tapenade | (g/f) (v) (vgn) | 6 bites

Brown lentils | minted garden peas | avocado tahini wraps | (v) (vgn) | 6 bites

Serves 6 | 18 bites | R440

SWEET TREATS

French macarons selection | 8 bites

Layered coffee & almond torte petit fours | 8 bites

Malteser caramel brownies | 8 bites

Mini pavlovas | 8 bites

Raspberry coconut tartlets | 8 bites

Oreo cake truffles | 8 bites

Serves 12 | 48 bites | R720

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SAVOURY TARTS 6-8 slices

Butternut | creamy feta | chilli | rocket (v) | R260

Free-range chicken | fresh herbs | parmesan crumble topping | R295

Roast tomato | fresh basil | Camembert | (v) | R280

Zucchini | baby spinach | goats cheese | (v) | R260

SWEET TARTS (20cm) 6-8 slices

Apple crumble | french custard | R250

Roast fig | almond cream | salted caramel | R280

Lemon | brulee topping | R250

Raspberry | toasted coconut | R280

CUPCAKES (minimum order, 6 per flavor)

Carrot | pecan | cream cheese icing | R20 each

Chocolate | oreo buttercream | R20 each

Lindt chocolate | Lindt ganache | R20 each

Lemon sponge | lemon curd & meringue | R20 each

Vanilla | raspberry buttercream | R20 each

OCCASION CAKES & ROULADES serves 12

Almond sponge | coffee cream | Lindt ganache torte | (gluten-free) | R480

Carrot | pineapple | pecans | cream cheese icing | R485

Chocolate almond torte | ganache | chocolate curls | (gluten-free) | R450

Coconut tres-leche | toasted coconut shavings | R450

Lemon sponge | lemon curd | meringue | oat crumble | R420

Lindt chocolate | Lindt ganache | R485

Ombre sponge | buttercream icing | R450

Salted caramel cheesecake | praline specs | R450

Roast pear | crème patisserie | dark chocolate roulade | (gluten-free) | R300

Turkish delight | pink grapefruit | pistachio roulade | (gluten-free) | R330